



JOINT BASE SAN ANTONIO MILITARY & FAMILY READINESS CENTER

DECEMBER 2023-JANUARY 2024 *calendar of events*



- Armed Forces Action Plan • Casualty Assistance • Deployment Readiness • Employment Assistance •
- Exceptional Family Members • Family Life • Financial Readiness • Information & Referral •
- Military & Family Life Counselors • Military Relief Societies • Professional Development •
- Relocation Readiness • Resiliency • Survivor Benefit Services • Team Building • Transition Assistance •
- Unit Family Readiness • Volunteer Opportunities • Work Life • Voting Assistance •



THREE LOCATIONS TO SERVE JBSA

FORT SAM HOUSTON - LACKLAND - RANDOLPH

A 508 COMPLIANT DIGITAL VERSION OF THIS PUBLICATION IS AVAILABLE AT JBSA.MIL

JBSA-MILITARY & FAMILY READINESS FLIGHT

The Joint Base San Antonio-Military & Family Readiness Centers incorporate services from all branches: Air Force Military & Family Readiness Center (M&FRC), Army Community Service (ACS), and Navy Fleet & Family Support to support the community. M&FRC programs and services support self-reliance, mission readiness, resiliency, and eases adaptation into the military way of life.

Regardless of specific duty station location, patrons assigned to JBSA can attend trainings and utilize the services offered at all three locations. We offer a variety of classes, trainings, and workshops that promote, educate, and facilitate readiness and resiliency:

Aid Societies, Financial Relief	Unit Family Readiness
Air Force Families Forever	Military & Family Life Counselors
Armed Forces Action Plan	Military Family Team Building
Casualty Assistance	Personal & Work Life
Deployment Readiness	Relocation Services
Employment & Career Development	Resiliency Training
Exceptional Family Member Program	Survivor Benefit Plan
Financial Readiness	Transition Assistance Services
Heart Link	Volunteer Opportunities
Hearts Apart	Warriors in Transition
Information & Referral	Voting Assistance Program

Briefings for groups, units, or one-on-one consultations are available by request. Programs and events are subject to change. Some services require a minimum number of participants to be effective. Classes not meeting the minimum number of registered participants may be canceled or rescheduled. Other services may have a limited number of seats or space. Register in advance to guarantee service availability.

(FSH)
JBSA-Fort Sam Houston
(210) 221-2705

(LAK)
JBSA-Lackland
(210) 671-3722

(RND)
JBSA-Randolph
(210) 652-5321

All services provided by the JBSA-M&FR Flight are free and open to all branches of the military, Active Duty Military and their families, Reservists, Coast Guard, National Guard, Retirees, Surviving Spouses, DoD civilian employees (APF and NAF), and DoD contracted employees, unless otherwise stated. The JBSA M&FR flight encourages all people to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please call in advance of your participation or visit.



JBSA-Fort Sam Houston
Mon-Fri 7 AM-4:30 PM
Closed: 1st & 3rd Thursday 1-4:30 PM,
Federal Holidays & AETC Family days



JBSA-LACKLAND
Mon-Fri 7:30 AM-4:30 PM
Closed: 1st & 3rd Thursday 1-4:30 PM,
Federal Holidays & AETC Family days



JBSA-RANDOLPH
Mon-Fri 7:30 AM-4:30 PM
Closed: 1st & 3rd Thursday 1-4:30 PM,
Federal Holidays & AETC Family days

Services & Operational Status

M&FRC offers different modes of services and workshops:

- Face-to-Face (F2F):** In-person.
- Virtual (V):** Online Synchronous.
- Hybrid (H):** Hybrid or In-person and Online Synchronous.

If the workshop modality type is not listed, call to confirm. Services are subject to change based on the current HPCON status. To schedule one-on-one consultation or to register, contact the hosting location:

JBSA-Fort Sam Houston
(210) 221-2705
802fss.fsyrc.centerbox@us.af.mil

JBSA-Lackland
(210) 671-3722
802fss.fsfr@us.af.mil

JBSA-Randolph
(210) 652-5321
randolphmfr@us.af.mil

For up to date information regarding JBSA operations, visit www.jbsa.mil/coronavirus.

CALENDAR OF EVENTS DECEMBER 2023-JANUARY 2024

JOINT BASE SAN ANTONIO-MILITARY & FAMILY READINESS FLIGHT

Site Legend: Face-to-Face (In-Person) Virtual (Online) Hybrid (Synchronous & Alternating)

EVENT		DECEMBER	JANUARY	PAGE	SITE
RELOCATION	Guided Tour, Trails & Tales of Fort Sam Houston	14	--	p. 8	FSH
	Guided Tour, Randolph	11	--	p. 24	RND
	Guided Tour, Gateway to the Air Force	--	10	p. 17	LAK
	Newcomer's Orientation	1, 15	5, 19	p. 8	FSH
	Newcomer's Orientation	6, 13, 20	3, 17	p. 17	LAK
	Newcomer's Orientation	11	8	p. 24	RND
	Newly Assigned CC/CCC/CCF	--	9	p. 24	RND
	JBSA Pre-Arrival Orientation	--	23		JBSA
FINANCIAL	Car Buying	1	30	p. 9	FSH
	Debt Reduction Strategies	--	25	p. 25	RND
	Debt Destroyer	--	30	p. 18	LAK
	Developing A Spending Plan	12	--	p. 9	FSH
	Fundamentals of Finance	--	16	p. 18	LAK
	Home Sweet Home	8	26	p. 9	FSH
	Mandatory Financial Touchpoint	5	9	p. 9	FSH
	Money & the Move	19	--	p. 9	FSH
	Moving Out of the Dorms	--	12	p. 9	FSH
	Moving Out of the Dorms	7	18	p. 18	LAK
	Officer First Duty Station Financial Training	12	16	p. 9	FSH
	Officer First Duty Station Financial Training	--	11	p. 25	RND

This bi-monthly publication is produced by the 802d Force Support Squadron (FSS), JBSA-Military & Family Readiness Centers. Although every effort is made to publish accurate information, classes and guest speakers are subject to change due to unforeseeable circumstances. Some services require a minimum number of attendees in order to be effective. If the minimum is not met, the class may be canceled or rescheduled. Other services may be limited in size due to classroom space. To ensure availability, call to register.

Event		December	January	Page	Site	Event		December	January	Page	Site
	Officer First Duty Station Financial Training	20	11	p. 18	👤 LAK		Managing Your (My) Education (2-day)	10-11	16-17	p. 12	👤 FSH
	Retirement Planning for Military & GS	13	–	p. 9	👤 FSH		Managing Your (My) Education (2-day)	7-8, 14-15	–	p. 19	👤 LAK
	Saving & Investments	6	23	p. 9	👤 FSH		CSP Overview	5, 19	16	p. 12	👤 FSH
	Simple Spend Plan	–	16	p. 18	👤 LAK		Benefits Delivery at Discharge Workshop & Claims	13	5	p. 12	👤 FSH
	Thrift Savings Plan	–	18	p. 25	👤 RND		Benefits Delivery at Discharge Workshop & Claims	18	19	p. 27	👤 RND
EMPLOYMENT	Acing the Interview	20	–	p. 10	👤 FSH		Job Fair	14	–	p. 12	👤 FSH
	Acing the Interview	5	–	p. 25	📶 RND		Mock Interviews with TVC	5	9	p. 12	👤 FSH
	Conversational Interview	–	17	p. 10	👤 FSH	EFMP	All is Calm, All is Bright	15	–	p. 20	👤 LAK
	Explore Business Ownership	7	–	p. 18	📶 LAK		EFMP Orientation	11	8	p. 28	👤 RND
	LinkedIn 101	27	24	p. 10	👤 FSH		EFMP: What Does it Mean to Me?	–	11	p. 13	📶 FSH
	LinkedIn Bootcamp	–	10	p. 26	👤 RND		Lunch & Learn with EFMP	–	17	p. 13	📶 FSH
	Pathways to Employment	–	22	p. 10	👤 FSH		Lunch & Learn with EFMP	–	18	p. 28.	👤 RND
	Ready, Set, Resume	13	–	p. 10	👤 FSH		Strike out Challenges	–	5	p. 13	👤 FSH
	Ready, Set, Resume	–	16	p. 26	👤 RND		AFAP Focus Group	–	10	p. 14	📶 FSH
	Renovating your Resume	–	10	p. 10	👤 FSH		Bundles for Babies	13	–	p. 21	👤 LAK
	Salary Negotiation	5	–	p. 18	👤 LAK		Bundles for Babies	6	10	p. 29	📶 RND
	Salary Negotiation	12	–	p. 26	📶 RND		Heart Link: Arrive & Thrive	–	31	p. 29	👤 RND
	USAJOBS Navigation & Federal Resume	6	3	p. 10	👤 FSH		Key Spouse Initial Training	–	10	p. 14	👤 FSH
	USAJOBS Navigation & Federal Resume	📶 19	👤 23	p. 26	📶 RND		Key Spouse Initial Training	–	22	p. 21	👤 LAK
	Individualized Initial Counseling (Step 1)	Call to Register	Call to Register	p. 11	👤 FSH		Key Spouse Initial Training	–	24	p. 29	📶 RND
	Individualized Initial Counseling (Step 1)	Call to Register	Call to Register	p. 19	👤 LAK		Key Spouse Continuing Education	–	17	p. 29	📶 RND
	Individualized Initial Counseling (Step 1)	Call to Register	Call to Register	p. 26	📶 RND		Key Spouse Mentor Training	Call to Register	Call to Register	p. 29	📶 RND
	Pre-Separation Counseling (Step 2)	13, 20	3, 17	p. 26	👤 RND		Key Spouse Mentor Training	–	25	p. 21	📶 LAK
TRANSITION ASSISTANCE PROGRAM	Pre-Separation Counseling (Step 2)	6, 13, 20	3, 10, 17, 24, 31	p. 11	👤 FSH		Key Spouse Refresher Training	Call to Register	Call to Register	p. 29	📶 RND
	Pre-Separation Counseling (Step 2)	4, 11	8, 22	p. 19	👤 LAK		Key Spouse Refresher Training	–	25	p. 21	📶 LAK
	DoD Transition Day (Step 3)	4, 18	8, 22, 29	p. 11	👤 FSH		Key Spouse Annual SAPR & Suicide Awareness Training	–	23	p. 21	👤 LAK
	Executive TAP (E-TAP) Workshop (4-day) (Step 3)	–	9-12	p. 27	👤 RND		Microsoft Office: Excel (3-day)	–	9-11	p. 10	📶 FSH
	TAP Workshop (3-day) (Step 3)	4-6	22-24	p. 26	👤 RND		Microsoft Office : Outlook	–	16-17	p. 11	📶 FSH
	TAP Workshop (3-day) (Step 3)	4-6, 11-13	8-10, 22-24	p. 19	👤 LAK		Microsoft Office: Teams (3-day)	–	16-18	p. 11	📶 FSH
	VA Benefits & Services	5, 19	9, 23, 30	p. 11	👤 FSH		Microsoft Office: Word (3-day)	–	9-11	p. 10	📶 FSH
	VA Benefits & Services	5, 12	9, 23	p. 19	👤 LAK		Play & Learn Playgroup	12	9, 23	p. 14	👤 FSH
	VA Benefits & Services	15	26	p. 27	👤 RND		Survivor Benefit Plan Group Briefing	6, 14, 20	11, 17, 25, 31	p. 20	👤 LAK
	DoL Employment Fundamentals of Career Transition	6, 20	10, 24, 31	p. 11	👤 FSH		Survivor Benefit Plan Group Briefing	14	11	p. 28	📶 RND
	DoL Employment Workshop (2-day)	7-8, 21-22	11-12, 25-26	p. 12	👤 FSH		What to Expect When Caring for an Aging Parent	5		p. 29	📶 RND
	DoL Employment Workshop (2-day)	7-8, 14-15	11-12, 25-26	p. 19	👤 LAK		Unit Voting Assistance Officer Training	14	30	p. 23	👤 LAK
	DoL Career & Credential Exploration (2-day)	18-19	18-19	p. 12	👤 FSH	VOLUNTEER MFTB	Briefer Training Course	–	23	p. 14	👤 FSH
	DoL Career & Credential Exploration (2-day)	–	25-26	p. 19	👤 LAK		Volunteering 101	–	16		📶 JBSA
	DoL Career & Credential Exploration (2-day)	–	29-30	p. 27	👤 RND		Volunteer Advisory Council	–	17		📶 JBSA
	Entrepreneurship: Boots to Business (2-day)	–	16-17	p. 12	👤 FSH		VMIS OPOC Training	–	16		👤 JBSA

EVENT	DECEMBER	JANUARY	PAGE	SITE
Volunteer Awards Nomination Writing Workshop	–	10, 24	☎ JBSA	
Volunteer to Career	–	23	👤 JBSA	
Pre-Deployment Briefing	Call to Register	Call to Register	p. 30 ☎ RND	
Pre-Deployment Briefing	M & W	M & W	p. 22 👤 LAK	
Pre-Deployment Briefing	14, 28	11, 25	p. 15 👤 FSH	
Post-Deployment Reunion & Reintegration	M & W	M & W	p. 22 👤 LAK	
Post-Deployment Reunion & Reintegration	Call to Register	Call to Register	p. 30 ☎ RND	
Post-Deployment Reunion & Reintegration	14, 28	11, 25	p. 15 👤 FSH	
Kids & Deployment	28	–	p. 16 👤 FSH	
R.E.A.L. Command Team Training	–	4	p. 16 👤 FSH	
R.E.A.L. Fund Custodian Training	–	18	p. 16 👤 FSH	
R.E.A.L. Key Contacts Training	7	–	p. 16 👤 FSH	

HOLIDAYS, SPECIAL OBSERVATIONS, & CLOSURES

December 2023

National Human Rights Month

7 Pearl Harbor Remembrance Day
 13 US National Coast Guard Birthday
 25 Christmas Day (All Centers Closed)
 26 AETC Family Day/Army Training Day (All Centers Closed)

January 2024

National Mentoring Month

1 New Years Day (All Centers Closed)
 2 AETC Family Day/Army Training Day (All Centers Closed)
 15 Martin Luther King Jr. Day (All Centers Closed)

MILITARY & FAMILY READINESS
 PROVIDE • GUIDE • EMPOWER

Air Force Families Forever
 Crisis Support
 Deployment Readiness
 Employment Readiness
 Financial Readiness
 Information & Referral
 Personal & Work Life
 Relocation Assistance
 Transition Assistance
 Volunteer Resources

Armed Forces Action Plan
 Casualty Assistance
 Survivor Benefit Plan
 Exceptional Family Member
 Key Spouse Program
 Military Family Team Building
 Personal & Work Life
 Voting Assistance
 Warrior & Survivor Care

Fort Sam Houston
 3060 Stanley Road, Bldg. 2797
 210-221-2705

Lackland
 1550 Wurtsmith Street, Bldg. 5725
 210-671-3722

Randolph
 555 F Street West, Bldg. 693
 210-652-5321

All is Calm All is Bright

Friday, 15 December
6-9 PM

Held at Arnold Hall Community Center
 • Bldg. 5506 • 1560 Stewart St. Lackland AFB •

Let's celebrate together! Join us in games, gifts, ornament making, go shopping in Santa's Store and more! We'll have light refreshments, pictures with Sensitive Santa and resources. For more information please contact 802fss.fsfr.1@us.af.mil

Scan QR code or visit:

<https://einvitations.afit.edu/inv/anim.cfm?i=802248&k=0A61400B7F5F>



JBSA-FORT SAM HOUSTON

INFORMATION & REFERRAL

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

Information & Referral helps DoD ID cardholders and their families connect with the right resources to meet their specific needs on JBSA or within the local community.

RELOCATION ASSISTANCE

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

Reduce or eliminate problems arising due to frequent moves with specialized services such as sponsorship and pre-arrival information; mandatory overseas briefings and post-move orientations; lending closet; and immigration services. Call for more information or to sign up for a class.

LENDING CLOSET

Monday-Friday 7 a.m. to 4 p.m.
Closed 1st & 3rd Thursday 1-4:30 p.m.

The Lending Closet loans essential household goods - like kitchen equipment, sleeping mats, irons, and more - while you're in transit. Permanent party, technical school students, TDY, and civilians may borrow items for up to 30 days. A copy of your orders is needed.

NEWCOMER'S ORIENTATION

Dec. 1, 15 & Jan. 5, 19 8 a.m. to Noon

A mandatory in-processing brief for all military personnel newly assigned to JBSA-Fort Sam Houston. Family members are welcome. Service members must coordinate attendance with their Unit Personnel Office. [Mode: In-Person.](#)



TRAILS & TALES GUIDED TOUR

Dec. 14 9-11:45a.m.

Located in the heart of San Antonio, Fort Sam Houston hosts the most extensive collection of historic buildings in the Department of Defense! Join us for a guided tour to familiarize yourself with the installation; registration is required. Open to all DoD ID cardholders. [Mode: In-Person.](#)

JBSA PRE-ARRIVAL ORIENTATION

Jan. 23 8-9 a.m. & 5-6 p.m.

Early preparation is key to a smooth PCS. Inbound service members, families, and DoD civilians are introduced to JBSA by learning about local housing, child care, health care, education and school options, employment opportunities, and more prior to their arrival. [Mode: Virtual.](#)

SPONSORSHIP TRAINING

Appointed unit sponsors, Soldier & Family Readiness Groups, Key Spouse members, and other military family members interested in becoming a sponsor must complete the Sponsorship Application & Training (eSAT) online at <https://millifelearning.militaryonesource.mil>. [Mode: Virtual.](#)

FINANCIAL READINESS

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

Financial Readiness can assist with developing an individual plan to achieve financial goals. Specialized services include money management, credit and debt management, consumer issues, and information on emergency assistance. Financial literacy trainings address the

DoD mandatory financial touchpoints required across the military life cycle. Call for more information or to register.

CAR BUYING

Dec. 1 10-11:30 a.m.
Jan. 30 1-3 p.m.

If you're thinking of buying or leasing, this class can help make your dream car a reality! Develop the knowledge and skills to thoroughly research a purchase or lease. Learn to ask the right questions during the process, and practice



negotiation techniques to get a great deal. [Mode: In-Person.](#)

MANDATORY FINANCIAL TOUCHPOINT

Dec. 5 & Jan. 9 8 a.m. to 3 p.m.

Each phase of your military journey comes with exciting new milestones and important financial considerations. These mandatory financial touchpoints help you navigate each stage of your journey by covering topics like PCS, Vesting in TSP, Promotion, Continuation Pay, and Divorce. [Mode: In-Person.](#)

SAVING & INVESTMENTS

Dec. 6 & Jan. 23 2-3 p.m.

Develop knowledge and skills that will enable you to achieve your financial goals through saving and investing. Explore various investment options and learn which instrument best suits you and your individual goal. [Mode: In-Person.](#)

HOME SWEET HOME

Dec. 8 10 a.m. to Noon
Jan. 26 9-11 a.m.



Get tips to help with purchasing a home and resolving mortgage issues. Discuss differences between renting and owning, and learn about the home-buying process, choosing a Realtor, what makes up a mortgage payment, and more. [Mode: In-Person.](#)

DEVELOPING A SPENDING PLAN

Dec. 12 9-11 a.m.

Do you want to get control of your financial life? This single-session workshop can help you develop a realistic spending plan. With this spending plan in place, you'll be on your way to paying your bills on time and achieving your short and long term financial place. [Mode: In-Person.](#)

OFFICER FIRST DUTY STATION MANDATORY FINANCIAL TRAINING

Dec. 12 10 a.m. to Noon

Jan. 16 8-10 a.m.

Mandatory for all non-prior enlisted officers serving at their first duty station within 90 days of arrival—explore all aspects of finances to include pay, entitlements, insurance, credit management, Thrift Savings Plan, and more. [Mode: In-Person.](#)

RETIREMENT PLANNING STARTER - TSP VESTING

Dec. 13 10-11:30 a.m.

Are you taking full advantage of your Thrift Savings Plan (TSP)? Become familiar with contribution limits, tax-deferred investments, and rates of return. Learn what options are available after separating from the military or civil service. This training fulfills a DoD Financial Touchpoint requirement. [Mode: In-Person.](#)

MONEY & THE MOVE

Dec. 19 1-2 p.m.

A PCS move can be a stressful financial time for service members. This curriculum provides useful strategies and tips to help families and service members address financial considerations for this touchpoint. [Mode: In-Person.](#)

MOVING OUT OF THE DORM

Jan. 12 3-4 p.m.

Planning to move out of the dorms? Learn how to create a comprehensive budget and review your allowances such as the Basic Allowance for Housing (BAH), Basic Allowance for Subsistence (BAS), associated costs of renting, the application process and more. [Mode: In-Person.](#)

foundational elements of the employment process.
Core Requirement, prerequisite: DoD Transition Day. *Mode: In-Person.*

DOL EMPLOYMENT WORKSHOP

Executive: Dec. 21-22 & Jan. 25-26

Separation: Dec. 7-8 & Jan. 11-12

8 a.m. to 4 p.m.

This 2-day workshop hosted by the Department of Labor provides information to stay current in a competitive job market by reviewing emerging technology for networking and searching for employment. Learn how to build an effective resume and brush up on interviewing skills. **Transition Track, prerequisite: DoD Transition Day.** *Mode: In-Person.*

DOL CAREER & CREDENTIAL EXPLORATION

Dec. 18-19 & Jan. 18-19

8 a.m. to 4 p.m.

This 2-day workshop hosted by the Department of Labor guides those pursuing career technical training. Discuss different vocational fields and identify the skills needed to develop an action plan for achieving career goals. Review accredited training institutions and credentialing programs. **Transition Track, prerequisite: DoD Transition Day.** *Mode: In-Person.*

MANAGING YOUR (MY) EDUCATION

Dec. 10-11 & Jan. 16-17

8 a.m. to 4 p.m.

This 2-day track helps service members achieve academic success by reviewing credit transfers, researching schools, exploring financial aid assistance, providing vocational education counseling, and more. **Transition Track, prerequisite: DoD Transition Day.** *Mode: In-Person.*

ENTREPRENEURSHIP: BOOTS TO BUSINESS

Jan. 16-17

8 a.m. to 4 p.m.

This 2-day entrepreneurial education track hosted by the Small Business Administration is for transitioning service members interested in starting their own business. Review opportunities and challenges of business ownership, steps for

evaluating business concepts, foundational knowledge for developing a business plan, information on SBA resources available to help access start-up capital, and additional technical assistance. Register online at <https://sbavets.force.com>. **Transition Track, prerequisite: DoD Transition Day.** *Mode: In-Person.*

BENEFITS DELIVERY DISCHARGE WORKSHOP & CLAIMS

Dec. 13 & Jan. 5

9-11 a.m. & 1-3 p.m.

A representative from the Bexar County Veterans Services Office will provide an overview of the BDD claims process for transitioning service members and review all required documents and forms. Service members must attend the workshop before scheduling a claim filing appointment. *Mode: In-Person.*

MOCK INTERVIEWS WITH TVC

Dec. 5 & Jan. 9

8 a.m. to 4 p.m.

A Veterans Career Advisor from the Texas Veterans Commission will conduct a custom mock panel interview specific to the career field of the service member's choice. *Mode: In-Person.*

CAREER SKILLS PROGRAM OVERVIEW

Dec. 5, 19 & Jan. 16

1-2 p.m.

Interested in the Career Skills Program(CSP)? Get an overview about the requirements and opportunities within the CSP. *Mode: In-Person.*

JOB FAIR

Dec. 14 **10 a.m. to 2 p.m.**

JBSA TAP 2nd Annual Job Fair is here! Transitioning service members, military spouses, and veterans meet with over 70 employers and employment service providers with over 25 resources that are actively searching for applicants to fill vacancies. Come dressed to impress and prepared for on-the-spot interviews. *Mode: In-Person.*



www.jbsa.mil/Resources/Military-Family-Readiness

DOD SKILLBRIDGE CAREER SKILLS PROGRAM

The DoD SkillBridge, Career Skills Program on JBSA provides transitioning service members opportunities to help turn their military skills into post-service careers by connecting with apprenticeships, internships, and certification training during their final 180 days of active duty service. There are over 60 different opportunities ranging from career fields in healthcare, IT, finance or accounting, management, engineering, government, law enforcement, and more. Skillbridge hosts a webcast spotlighting approved partners every Wednesday at 1 p.m. on jbsaskillbridge.eventbrite.com. For more information, call your hosting location: FSH (210) 488-4119, LAK (210) 563-8223, or RND (210) 727-1281.

MILITARY & FAMILY LIFE COUNSELORS (MFLC)

JBSA-FSH • M&FRC, Bldg. 2797
(210) 421-9387, 672-0529

Military & Family Life Counselors help service members, their families, and significant others by discussing issues from deployment and reintegration, marriage and relationships, stress, anxiety, anger, grief and loss, and other life concerns. Consultations are anonymous, no records kept. Unit briefings or trainings are also available. Call to schedule a one-on-one consultation or a group meeting. For Child and Youth Behavioral, call (210) 627-0400, 627-5665, or 627-7617.

PERSONAL FINANCIAL COUNSELOR

Personal Financial Counselors provide free and anonymous financial counseling services to service members and their families. Some evening and weekend times are available. To schedule a consultation, call (210) 992-0177.



www.jbsa.mil/Resources/Military-Family-Readiness

EXCEPTIONAL FAMILY MEMBER PROGRAM

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

EFMP is a mandatory enrollment program that assists service members and their families with special, physical, emotional, developmental, or intellectual needs. EFMP works with military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personnel services. Call for more information. To register for an event, send an to email 802fss.fsyf.efmp-fs@us.af.mil.

STRIKE OUT CHALLENGES

Jan. 5

5-7 p.m.

EFMP and Hearts Apart Families strike out challenges with an evening of fun and 2 free hours of bowling. Due to a limited number of passes, registered families will be selected by drawing and notified by email. Registration closes 3 days prior to the event. *Mode: In-Person; FSH Bowling Center, Bldg. 2521.*

EFMP: WHAT DOES IT MEAN TO ME?

Jan. 11

2-4 p.m.

Whether newly enrolled or just curious about the program, this class guides you in understanding what an Exceptional Family Member is, how to enroll in the program, where to find support, and more. Leaders are encouraged to attend to review the requirements of the program and the resources available to their service members. *Mode: Virtual*

LUNCH & LEARN WITH EFMP

Join us in sharing helpful resources and ways to overcome challenges. Call to register. *Mode: Virtual*

Special Needs Trusts and Special Education

Jan. 17

11:30 a.m. to 1 p.m.

Join EFMP and the Chief of Military Legal Services to understand what is necessary to create a special needs trust for an

JBSA-FSH M&FRC

incapacitated dependents as well as legal services for Special Education Advocacy.

PERSONAL & WORK LIFE

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

Personal & Work Life programs provide educational, enrichment, and prevention services to service members, military families, and other DoD ID cardholders. It helps them develop interpersonal, self-care, problem-solving, and help-seeking skills that help build the readiness and resilience needed to thrive throughout the military life cycle.

TEXAS WIC

The national Supplemental Nutrition Program for Women, Infants and Children (WIC) supports expecting parents from pregnancy to delivery to raising a child to 5 years of age. Meet with a clerk, Licensed Vocational Nurse, or Nutritionist at the M&FRC every 1st Tuesday and 3rd Wednesday from 7:30 a.m. to 4 p.m. to learn about nutrition, breastfeeding, counseling services, and more. Open to all JBSA patrons. Call (210) 954-4566 to schedule an appointment. WIC is an equal opportunity program.

PLAY & LEARN PLAYGROUP

Dec. 12 & Jan. 9, 23 9-11 a.m.

A fun-filled interactive meet-up to help children, ages 0-5, improve social, cognitive, and motor skills. Parents have an opportunity to network with other parents and must remain on-site.

Mode: In-Person.

AFAP FOCUS GROUP

Jan. 10 9-11 a.m.

Have an idea that could improve the readiness or well-being of the military community? Bring your ideas and join us for a brainstorming session. Discuss what qualifies as an AFAP issue, then submit your issue for future review by

military leaders to take action and offer a resolution. *Mode: Virtual*

KEY SPOUSE INITIAL TRAINING

Jan. 10 9 a.m. to 2 p.m.

This training is mandatory for all newly appointed Key Spouses and Key Spouse Mentors who have not received the initial training from their previous location. Review the 8 core modules in the standard Air Force Key Spouse training curriculum, roles, and responsibilities.

Mode: In-Person.



MILITARY FAMILY TEAM BUILDING (MFTB)

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

MFTB is about mission readiness and family readiness. It helps service members grow as leaders and teaches families how to adapt and embrace challenges. Open to all DoD cardholders on JBSA. Unit training is available by request. *Mode: In-Person.*

BRIEFER TRAINING COURSE

Jan. 23 8 a.m. to 3 p.m.

Whether providing a desk-side briefing to a commander or tasked to present information to a diverse audience, this professional development course is designed to address how to prepare for and present an effective briefing.

Mode: In-Person.

VOLUNTEER SERVICES

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

Volunteers support the military and the community through various capacities such as coaches, office assistants, Key Spouses, Ombudsman, SFRG leaders, program assistants, and more. Volunteer Services coordinates with the community

to connect patrons with military volunteer opportunities. Call for details.

VMIS OPOC TRAINING

Jan. 16 10-11 a.m.

Appointed the Organizational Point of Contact for your unit or organization (OPOC)? This training covers the basics of volunteer recruitment, orientation, retention, and recognition. Training will cover policy, regulations, tracking hours and more capabilities of the Volunteer Management Information System (VMIS). *Mode: In-Person*

VOLUNTEERING 101

Jan. 16 1-2 p.m.

Learn about volunteer opportunities in the community and how to navigate the Volunteer Management Information System. Participants also discuss rules and regulations for volunteering on a military installation. *Mode: Virtual.*

VOLUNTEER ADVISORY COUNCIL

Jan. 17 1-2:30 p.m.

OPOCs and community agency volunteer coordinators meet to review volunteer management techniques, share program plans, and discuss current issues. Additionally, attendees share recent successes, events, and upcoming volunteer opportunities. Open to all interested in knowing more about volunteer agencies in the community and on JBSA. *Mode: Virtual*

VOLUNTEER TO CAREER

Jan. 23 10 a.m. to Noon.

Are you ready to unlock the power of your volunteer experience and pave your path to a fulfilling career? Join us for our exciting new course, "Volunteer to Career," where we'll guide you through a transformative journey of self-discovery and professional growth. *Mode: In-Person*



VOLUNTEER AWARDS NOMINATION WRITING WORKSHOP

Jan. 10 1-3 p.m.

Jan. 24 9-11 a.m.

Do you have an extraordinary volunteer? The JBSA Annual Volunteer Awards Ceremony identifies and recognizes outstanding and innovative volunteer efforts by the military community. Review award criteria for the Volunteer of the Year Award (VOYA) and the Volunteer Excellence Award (VEA), nomination forms, and how to write an effective package. Nomination packages are accepted through 1 March 2024. For more information or to reserve a seat, call FSH-M&FRC 210-221-2705, LAK-M&FRC 210-671-3722, or RND-M&FRC 210-652-5321. *Mode: Virtual.*

DEPLOYMENT READINESS

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

Deployment Readiness offers workshops, briefings, and support groups to enhance mission preparedness and self-reliance throughout the phases of a deployment cycle. Registration is required for unit family readiness workshops no later than 48 hours prior.

PRE-DEPLOYMENT BRIEFING

Dec. 14, 28 & Jan. 11, 25 9-11 a.m.

All service members scheduled to deploy, TDY longer than 30 days, or go on a remote assignment are required to attend. Review tips to help prepare for a deployment to include financial management. This training fulfills a DoD Financial Touchpoint requirement. *Mode: In-Person*

POST-DEPLOYMENT REUNION & REINTEGRATION

Dec. 14, 28 & Jan. 11, 25 1-3 p.m.

Required for all service members returning from deployment; this training covers reintegration into home life, finances, and provides resources to deal with associated stressors. Spouses

are highly encouraged to attend. This training fulfills a DoD Financial Touchpoint requirement. *Mode: In-Person*

R.E.A.L. KEY CONTACTS TRAINING

Dec. 7 9-11 a.m.

All SFRG Key Contacts must attend this training. Receive an outline of roles and responsibilities, learn how to address potential issues, and identify resources and pointers for executing the job. *Mode: In-Person.*

KIDS & DEPLOYMENT

Dec. 28 9-11 a.m.



Develop a foundation for helping your child of any age navigate the emotional stress of a deployed parent. Discuss ways to include your child in an open and positive conversations, anticipate common reactions, tips for coping, and how to talk about unanticipated, real-life situations that have developed. *Mode: In-Person.*

R.E.A.L. COMMAND TEAM TRAINING

Jan. 4 9-11 a.m.

Commanders and First Sergeants receive insight into the Soldier & Family Readiness Group operations and learn about the roles between the command team and the SFRG leaders. Review the basics of SFRG funding, volunteer management, and recruiting concepts. *Mode: In-Person.*

R.E.A.L. FUND CUSTODIAN TRAINING

Jan. 18 9-11 a.m.


Current and incoming SFRG Fund Custodians are required to attend this training and review regulations for managing informal funds and fundraising. *Mode: In-Person.*



FEDERAL VOTING ASSISTANCE PROGRAM

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-8683

The Federal Voting Assistance Program provides information and guidance to service members, their families, and all other U.S. civilian DoD employees by contributing to a better understanding of voter rights and absentee voting. For more information, email 802fss.fshr.vote@us.af.mil.



SUBSCRIBE


to receive our
Calendar of Events

Send

an email to

usaf.jbsa.502-abw.mbx.802-fss-mfr-marketing@mail.mil

with "add me" in the subject line to receive a digital copy of our upcoming events and workshops.
Or scan the QR code.



JBSA-LACKLAND

INFORMATION & REFERRAL

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

Information & Referral help patrons connect with the right resources to meet their specific needs on JBSA or within the local community.

RELOCATION ASSISTANCE

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

Relocation Assistance is available to service members and their families through the process of a permanent change of station (PCS). Take charge of your PCS by visiting installations.militaryonesource.mil to learn about entitlements, benefits, planning tools, and more. Call for more information.

PLAN MY MOVE - SMOOTH MOVE

Contact your Unit Personnel Coordinator or Commander Support Element

Service members (E-4 and below and O-2 and below) PCS'ing for the first time, and all ranks PCS'ing OCONUS are required to complete this online training. After completion, virtual out-processing tasks can be cleared by M&FRC. Family members are encouraged to attend.

SPONSORSHIP TRAINING

In accordance with AFI 36-3009, the Sponsorship Application & Training (eSAT) at <https://millifelearning.militaryonesource.mil> features a checklist, newcomers' needs assessment, customizable letters, and more. Once completed, contact M&FRC for additional information. Family members may become a sponsor by completing the eSAT.

Welcome

NEWCOMER'S ORIENTATION

Dec. 6, 13, 20 & Jan. 3, 17 8 a.m. to Noon.

Mandatory in-processing brief for all military and civilian personnel assigned to JBSA-Lackland. Family members are welcome to attend. Contact your CSS to register. *Mode: In-Person*

GUIDED TOUR - GATEWAY TO THE AIR FORCE

Jan. 10 9-11 a.m.

Experience Lackland through a guided tour to discover interesting facts about your new community while sightseeing amenities and resources. Participants meet at Mitchell Hall to board the tour bus. Due to limited seating, registration is required. Open to all JBSA DoD ID Cardholders. *Mode: In-Person.*



JBSA PRE-ARRIVAL ORIENTATION

Jan. 23 8-9 a.m. & 5-6 p.m.

Early preparation is key to a smooth PCS. Inbound service members, families, and DoD civilians are introduced to JBSA by learning about local housing, child care, health care, education and school options, employment opportunities, and more prior to their arrival. *Mode: Virtual.*

FINANCIAL READINESS

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

Financial Readiness provides resources, information, and addresses money management issues ranging from basic budgeting to long-term investment planning and debt reduction. Individual and group briefings are available. Call to register.

MANDATORY FINANCIAL TOUCHPOINTS

Call to schedule an appointment.

Think of your financial journey as a road trip, you'll need a plan, fill-ups, and maintenance. These mandatory touchpoints help navigate each stage of your journey. **Touchpoints include: First Duty Station, Promotions, Vesting in Thrift Savings Plan, Continuation Pay, Marriage, Birth or Adoption of First Child, Divorce, Pre-/Post-Deployment, and Career Transition.**

MOVING OUT OF THE DORM

Dec. 7 10-11 a.m.
Jan. 18 8-10 a.m.

Planning to move out of the dorms? Learn how to create a comprehensive budget and review Basic Allowance for Housing (BAH), associated costs of renting, and renter's insurance. *Mode: In-Person.*

OFFICER FIRST DUTY STATION MANDATORY FINANCIAL TRAINING

Dec. 20 10 a.m. to Noon
Jan. 11 8-11 a.m.

Mandatory for all non-prior enlisted officers serving at their first duty station within 90 days of arrival—explore all aspects of finances to include pay, entitlements, insurance, credit management, Thrift Savings Plan, and more. *Mode: In-Person.*

SIMPLE SPEND PLAN

Jan. 16 9-11 a.m.

Building a budget and spending plan can help identify signs of impending financial challenges. Learn how to create an effective plan that integrates income, savings, expenses, and debt. *Mode: In-Person.*

FUNDAMENTALS OF FINANCE

Jan. 16 1-3 p.m.

Discuss the importance of SMART goals, track expenses and build a spend plan,

savings & Investing, prioritizing debt, and credit maintenance. *Mode: In-Person.*

DEBT DESTROYER

Jan. 30 8-10 a.m.

Understand causes of debt. Develop effective strategies to live without debt. Create an action plan to pay off debt.

Mode: In-Person.

EMPLOYMENT READINESS

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

Employment assistance helps patrons build essential skills for locating and securing employment. Services include resume writing assistance and review, job or career counseling, information on local employment possibilities, and education and volunteer opportunities. Call to register.

MILITARY FAMILY SUPPORT PROGRAM

Meet with a career counselor from community partner Workforce Solutions Alamo to learn about employment opportunities for military spouses. To schedule an appointment, call (210) 850-2152.

SALARY NEGOTIATION

Dec. 5 1-3 p.m.

Know your worth! Review ways to determine your earning potential, interviewing tactics, what to do once a job offer is received, and participate in a mock salary negotiation scenario.

Mode: In-Person.

EXPLORE BUSINESS OWNERSHIP

Dec. 7 5:30-7:30 p.m.

A guest speaker from FranNet provides information on business ownership, franchise opportunities, and discusses common benefits and challenges. Learn about businesses that thrive in all economic conditions. *Mode: Hybrid.*

TRANSITION ASSISTANCE PROGRAM

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

TAP is a mandatory program for all service members separating or retiring from the military and must begin no later than 365 days prior to their transition. The program help service members prepare for their military to civilian transition and meet their post-military goals. Call to schedule an appointment or register.

INDIVIDUALIZED INITIAL COUNSELING

Call to schedule an appointment.

Service members begin their transition process by completing a personal self-assessment to identify post-transition goals and develop their Individual Transition Plan (ITP). Those separating or retiring from active duty must complete this mandatory one-on-one counseling no later than 365 days **before** their separation or retirement date. **Core Requirement: Step 1.** *Mode: In-Person.*

PRE-SEPARATION COUNSELING

Executive: Dec. 11 & Jan. 22 7:30-10:30 a.m.
Separation: Dec. 4 & Jan. 8 7:30-10:30 a.m.

This is the second step of the formal transition process, like the Individualized Initial Counseling (IIC), it must also begin no later than 365 days **before** your transition date. Review by-law information to include benefits, entitlements, and resources for eligible transitioning service members. **Core Requirement: Step 2,** **prerequisite: IIC.** *Mode: In-Person.*

TAP WORKSHOP

Retiring: Dec. 11-13 & Jan. 22-24 8 a.m. to 4 p.m.
Separation: Dec. 4-6 & Jan. 8-10 8 a.m. to 4 p.m.

This mandatory 3-day workshop provides a standardized core curriculum. Review common challenges, financial planning, and VA benefits to help service members to depart career-ready. Facilitated by the Department of Labor, Veterans Administration, and M&FRC.

After completion, additional workshops aligned with an individual's post-transition plan are offered. **Core Requirement, prerequisite: Pre-Separation Counseling.** *Mode: In-Person.*

VA BENEFITS & SERVICES

Executive: Dec. 12 & Jan. 23 8 a.m. to 2 p.m.
Separation: Dec. 5 & Jan. 9 8 a.m. to 2 p.m.

This is a repeat of the course held on the second day of the 3-day TAP Workshop for those who want to review the information again. Review VA services, disability compensation, and GI Bill benefits. This course is also offered at tapevents.mil/courses. **Repeat of Core Requirement, prerequisite: 3-day TAP Workshop.** *Mode: In-Person.*

MANAGING YOUR (MY) EDUCATION

Dec. 7-8, 14-15 8 a.m. to 4 p.m.

This 2-day track helps service members achieve academic success by reviewing credit transfers, researching schools, exploring financial aid assistance, providing vocational education counseling, and more. **Transition Track, prerequisite: TAP Workshop.** *Mode: In-Person; Education Center, Bldg. 5725.*

DOL EMPLOYMENT WORKSHOP

Dec. 7-8, 14-15 8 a.m. to 4 p.m.

A 2-day workshop hosted by the Department of Labor provides information to stay current in a competitive job market by reviewing emerging technology for networking and searching for employment. Learn how to build an effective resume and brush up on interviewing skills. **Transition Track, prerequisite: TAP workshop.** *Mode: In-Person.*

DOL CAREER & CREDENTIAL EXPLORATION

Jan. 25-26 8 a.m. to 4 p.m.

A 2-day workshop hosted by the Department of Labor guides those pursuing career technical training. Discuss different vocational fields and identify the skills needed to develop an action plan for achieving career goals. Review accredited

training institutions and credentialing programs. **Transition Track, prerequisite: TAP workshop. Mode: In-Person.**

DOD SKILLBRIDGE CAREER SKILLS PROGRAM

The DoD SkillBridge, Career Skills Program on JBSA provides transitioning service members opportunities to help turn their military skills into post-service careers by connecting with apprenticeships, internships, and certification training during their final 180 days of active duty service. There are over 60 different opportunities ranging from career fields in healthcare, IT, finance or accounting, management, engineering, government, law enforcement, and more. Weekly Skillbridge showcase webcasts are held every Wednesday at 1 p.m. at jbsaskillbridge.eventbrite.com to spotlights of approved partners. For more information, call your hosting location: FSH (210) 488-4119, LAK (210) 563-8223, or RND (210) 727-1281.

SURVIVOR BENEFITS

JBSA-LAK • Bldg. 5616
(210) 671-3243, 671-3216, 671-3796

The Survivor Benefit Plan briefing is required by law for all retiring service members and their spouses no later than 60 days (minimum 90 days recommended) prior to their approved retirement date. SBP Counselors make contact 190 days before the approved retirement date to ensure all service members are scheduled for this essential briefing. Call to schedule an appointment or register.

SURVIVOR BENEFIT PLAN GROUP BRIEFING

Call to schedule an appointment: Dec. 6, 14, 20 & Jan. 11, 17, 25, 31

The Survivor Benefit Plan briefing with the SBP Counselor is required by law and helps the service members and their spouse become familiar with the

options, effects, and advantages of SBP. Prospective retirees are required to attend a Survivor Benefit Plan briefing and meet with an SBP counselor to complete the DD Form 2656 and data for Payment of Retired Personnel.

RECORD OF EMERGENCY DATA

Your Record of Emergency Data (DD Form 93 or vRED) and your Servicemember's Group Life Insurance (SGLI) are vital parts of your military personnel records. Updates should be made at least annually and always upon life changes (new address, marriage, divorce, birth of a child, and other changes to beneficiaries). It's the service member's responsibility to keep both the vRED and SGLI current. When was the last time you updated yours? For more information call (210) 671-3796, 671-3243, 671-3216 or email 802fss.fsrc@us.af.mil.

EXCEPTIONAL FAMILY MEMBER PROGRAM

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

EFMP is a mandatory enrollment program that works with military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical, and personnel services to active-duty personnel and their family members. Call for more information.



All is Calm. All is Bright.
Dec. 15 6-9 p.m.
All JBSA EFMP and Hearts Apart Families are invited to a sensory-friendly holiday celebration. Come dressed in your favorite pajamas to enjoy snacks, festive games, activities, and gifts. Participants must register by Dec. 1 and currently be an EFMP or Hearts Apart family.

www.jbsa.mil/Resources/Military-Family-Readiness

MILITARY & FAMILY LIFE COUNSELORS (MFLC)

JBSA-LAK • Bldg. 5725, Rm. 135
(210) 984-1076, 238-5528

Military & Family Life Counselors help service members, their families, and significant others address issues from deployment and reintegration, marriage and relationships, communication challenges, stress, anxiety, anger, grief and loss, and other daily life issues. Consultations are anonymous, no records kept. Unit briefings or trainings are also available. Call to schedule a one-on-one consultation or a group meeting. For Child and Youth Behavioral, call (210) 627-0054, 540-5033, or 439-8723.

PERSONAL & WORK LIFE

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

Personal & Work Life collaborates with many helping agencies to provide education and promote family preparedness through readiness support. Call to register for a class.

BUNDLES FOR BABIES

Dec. 13 9 a.m. to Noon
Information is provided on financial planning from conception to college and support programs offered within the community. Active-duty expecting parents are encouraged to attend. At the end of the class, patrons affiliated with the Air Force, Navy, Marine Corps, or Coast Guard will receive a gift, courtesy of the Air Force Aid Society. This training fulfills a DoD Financial Touchpoint requirement.
Mode: In-Person

FOUR LENSES TEMPERAMENT DISCOVERY

Call to schedule Group or Unit Trainings
During this interactive workshop, learn to identify temperament styles and how each

www.jbsa.mil/Resources/Military-Family-Readiness

one measures self-worth. Expose attitudes and probable motivation behind behavior while learning to identify natural talents, improve communication, and embrace diversity. *Mode: In-Person.*

KEY SPOUSE INITIAL TRAINING

Jan. 22 8 a.m. to Noon
All new officially appointed Key Spouses and Key Spouse Mentors must complete an Initial Training, facilitated by M&FRC or self-paced online, before acting as an official KS or KSM. The KS Program Initial Training (classroom and virtual) consists of 8 standardized modules. *Mode: In-Person.*

KEY SPOUSE ANNUAL SAPR & SUICIDE AWARENESS TRAINING

Jan. 23 1-3 p.m.
Suicide Awareness & Prevention and Sexual Assault Prevention & Response training is an Air Force annual requirement for appointed Key and Mentor Spouses. *Mode: In-Person.*

KEY SPOUSE MENTOR TRAINING

Jan. 25 11 a.m. to Noon
After completion of the Key Spouse Initial Training, KS Mentors are required to take this 1-time mandatory training. The class duration may vary depending on participants and interactive scenarios. *Mode: Virtual*

KEY SPOUSE REFRESHER TRAINING

Jan. 25 10-11 a.m.
Key Spouses and Key Spouse Mentors who've had a break of service in their role or just PCS'ed to JBSA must attend this refresher training before functioning as a KS or KSM. *Mode: Virtual*



KEY SPOUSE

VOLUNTEER SERVICES

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

Volunteer Services provide volunteers with opportunities based on interest and

JBSA-LAK M&FRC

agency needs. Volunteers support the military through various capacities such as coaches, office assistants, program assistants, and more. Call to sign up or for information.

VMIS OPOC TRAINING

Jan. 16 10-11 a.m.

Appointed the Organizational Point of Contact for your unit or organization (OPOC)? This training covers the basics of volunteer recruitment, orientation, retention, and recognition. Training will cover policy, regulations, tracking hours and more capabilities of the Volunteer Management Information System (VMIS). Held at JBSA-Fort Sam Houston M&FRC, bldg. 2797. To register call 210-221-2705 [Mode: In-Person](#)

VOLUNTEERING 101

Jan. 16 1-2 p.m.

Learn about volunteer opportunities in the community and how to navigate the Volunteer Management Information System. Participants also discuss rules and regulations for volunteering on a military installation. To register call 210-221-2705 [Mode: Virtual](#)

VOLUNTEER ADVISORY COUNCIL

Jan. 17 1-2:30 p.m.

OPOCs and community agency volunteer coordinators meet to review volunteer management techniques, share program plans, and discuss current issues. Additionally, attendees share recent successes, events, and upcoming volunteer opportunities. Open to all interested in knowing more about volunteer agencies in the community and on JBSA. To register call 210-221-2705 [Mode: Virtual](#)

VOLUNTEER TO CAREER

Jan. 17 1-2:30 p.m.

OPOCs and community agency volunteer coordinators meet to review volunteer management techniques, share program plans, and discuss current issues. Additionally, attendees

share recent successes, events, and upcoming volunteer opportunities. Open to all interested in knowing more about volunteer agencies in the community and on JBSA. Held at JBSA-Fort Sam Houston M&FRC, bldg. 2797. To register call 210-221-2705 [Mode: In-Person](#)



DEPLOYMENT READINESS

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

Deployment Readiness helps service members and their families prepare for deployment through trainings and support groups that assist with the unique challenges of a deployment cycle. Spouses are encouraged to attend. Call to register.

POST-DEPLOYMENT REUNION & REINTEGRATION

Mondays & Wednesdays 1-2 p.m.

(Not held Dec. 25 & Jan. 15)
Required for all service members returning from deployment; this training covers reintegration into home life and provides resources to deal with associated stressors. Spouses are highly encouraged to attend. [Mode: In-Person](#).

PRE-DEPLOYMENT BRIEFING

Mondays & Wednesdays

9-10 a.m.

(Not held Dec. 25 & Jan. 15)

When deploying, it's vital to have all your personal and family affairs in order. This briefing provides helpful information to assist with all phase of



deployment. This is a mandatory briefing for all service members scheduled to deploy, TDY longer than 30 days, or go on a remote assignment. Spouses encouraged to attend. [Mode: In-Person](#).

FEDERAL VOTING ASSISTANCE PROGRAM

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3723

The Federal Voting Assistance Program (FVAP) provides services to Active Duty members, their families, and all eligible voters with information and guidance on the voting process. For more information, email vote.lackland@us.af.mil.

UNIT VOTING ASSISTANCE OFFICER TRAINING

Dec 14 & Jan. 30 9-11 a.m.

Newly appointed Unit Voting Assistance Officers (UVAO) learn about their roles and responsibilities for assisting eligible voters. Discover helpful resources and reference tools, and how to submit quarterly reports. [Mode: In-Person](#).



MAKE THE BEST OF
this NEW YEAR



ARMED FORCES

ACTION PLAN AFAP

Service Members • Retirees • Teens
• Military Spouses • Gold Star Families •
Reservists • Civilian DoD Employees

What does Tricare for Life, In-State College Tuition for Military Spouses, Standardized Military ID Cards, Military Spouse Preference for Federal Jobs, Paternity Leave for married soldiers, School Liaison Officers, and Video Surveillance at Child Development Centers have in common?

They were all AFAP issues.

AFAP is a platform to voice ideas and suggestions for improving the standards of living within our military community. It gives patrons an opportunity to identify critical issues and present them to senior leadership for action and resolution.

Issues and ideas can range from healthcare benefits to childcare, recreation to education, employment to entitlements, and more.

Submit an issue!



<https://ims.armyfamilywebportal.com/submit>

INFORMATION & REFERRAL

JBSA-RND • M&FRC, Bldg. 693
(210) 652-5321

Information & Referral helps patrons connect with the right resources to meet their specific needs on JBSA or within the local community.

RELOCATION ASSISTANCE

JBSA-RND • M&FRC, Bldg. 693
(210) 652-5321

Relocation Assistance offers an array of services to assist with a permanent change of station (PCS). One-on-one appointments are available to provide information that ensures your move is as smooth as possible. Visit Plan My Move at planmymove.militaryonesource.mil and Military Installations at installations.militaryonesource.mil for more tips.

LOAN LOCKER

Tuesday-Thursday 8 a.m. to Noon

In need of a few items until your household goods arrive? Visit the Loan Locker to borrow basic items while your household goods are in transit. A copy of your orders is required.

SPONSORSHIP TRAINING

In accordance with AFI 36-3009, the Sponsorship Application & Training (eSAT) at <https://militarylearning.militaryonesource.mil> features a checklist, newcomers' needs assessment, customizable letters, and more. Once completed, contact M&FRC for additional information. Family members may become a sponsor by completing the eSAT.

NEWCOMER'S ORIENTATION

Dec. 11 & Jan. 8 8 a.m. to Noon

Mandatory in-processing for all newly assigned JBSA-Randolph military and civilian personnel. Spouses are welcome to attend. Contact your CSS to register.

Mode: In-Person.



RANDOLPH GUIDED TOUR

Dec. 11 1-2 p.m.

Join us for a guided tour to familiarize yourself with key sites and amenities on the installation; registration is required. Open to all DoD ID cardholders.

Mode: In-Person.

NEWLY ASSIGNED COMMANDER, COMMAND CHIEF & FIRST SERGEANTS BRIEFING

Jan. 9 8 a.m. to Noon

Commanders, Command Chiefs, and First Sergeants; this mandatory briefing satisfies AFI requirements while introducing key personnel from the Military & Family Readiness Center, Equal Opportunity, Family Advocacy, HIPAA, and Legal. *Mode: In-Person.*

JBSA PRE-ARRIVAL ORIENTATION

Jan. 23 8-9 a.m. & 5-6 p.m.

Early preparation is key to a smooth PCS. Inbound service members, families, and DoD civilians are introduced to JBSA by learning about local housing, child care, health care, education and school options, employment opportunities, and more prior to their arrival. *Mode: Virtual.*

SMOOTH MOVE RELOCATION

Call to schedule an Appointment

Service members E1-E4 PCS'ing for the first time and all ranks PCS'ing OCONUS

are required to attend this briefing. Virtual out-processing tasks can be cleared after completion. *Mode: Virtual*

FINANCIAL READINESS

JBSA-RND • M&FRC, Bldg. 693
(210) 652-5321

Personal Financial Readiness provides information and guidance to assist with financial matters such as budgeting, debt reduction, and basic investment planning. Services are designed to address money management issues, financial readiness education, and basic spending plans.

MANDATORY FINANCIAL TOUCHPOINTS

Call to schedule an appointment.

Think of your financial journey as a road trip, you'll need a plan, fill-ups, and maintenance. These mandatory touchpoints help navigate each stage of your journey. **Touchpoints include: First Duty Station, Promotions, Vesting in Thrift Savings Plan, Continuation Pay, Marriage, Birth or Adoption of First Child, Divorce, Pre-/Post-Deployment, and Career Transition.**

OFFICER FIRST DUTY STATION FINANCIAL TRAINING

Jan. 11 10 a.m. to Noon

Mandatory for 2d Lt., 1st Lt., and Capt. assigned to their first permanent duty station. Explore finances to include pay, entitlements, insurance, credit management, Thrift Savings Plan, and more. This training fulfills the DoD requirements of the Financial Touchpoint. *Mode: In-Person.*



Jan. 18 11 a.m. to Noon

Are you taking full advantage of your Thrift Savings Plan (TSP)? Become familiar with contributions limits, tax deferred investments and rates of return. Learn what options are available after separating from service. *Mode: In-Person.*

DEBT REDUCTION STRATEGIES

Jan. 25 11 am to Noon

Discover methods that help to effectively reduce and eliminate debt, distinguish the difference between good and bad debt, and learn tips for negotiating lower interest rates." *Mode: In-Person.*

EMPLOYMENT READINESS

JBSA-RND • M&FRC, Bldg. 693
(210) 652-5321

Employment Assistance offers job search and referral services for employment opportunities. Services include employment and education information, volunteer opportunities, and assistance in resume writing. Call to register.

MILITARY FAMILY SUPPORT PROGRAM

Meet with a career counselor from community partner Workforce Solutions Alamo to learn about employment opportunities for military spouses. To schedule an appointment, call (210) 850-2152.

INTERVIEW PREP/MOCK BOARD

By appointment

Need to ace your job interview? Don't leave anything to chance. Schedule a mock interview with our employment assistance team to gain confidence, master body language, and prepare for behavioral questions. *Mode: In-Person or Virtual*

ACING THE INTERVIEW

Dec. 5 10-11:30 a.m.



It's essential to know how to prepare for an interview and interview with confidence. Discover ways to prepare for a job interview, how to make a lasting impression, and discuss different interviewing methods. *Mode: Virtual.*

SALARY NEGOTIATION

Dec. 12 10-11:30 a.m.
Review ways to determine your earning potential, interviewing tactics, what to do once a job offer is received, and participate in a mock salary negotiation scenario. *Mode: Virtual*

USAJOBS NAVIGATION & FEDERAL RESUME WRITING

Dec. 19 & Jan. 23 10 a.m. to Noon
Learn the building blocks of a successful federal resume and put them into action. Discuss the federal hiring process, eligibility, preferences, and navigate the site to use it as leverage for an effective application process. *Mode: Virtual in December; In-Person in January.*

LINKEDIN BOOT CAMP

Jan. 10 8:30 a.m. to 3 p.m.
In the LinkedIn Boot camp you will learn everything you need to get started and



create a presence that makes an outstanding impression. *Mode: In-Person.*

READY, SET, RESUME

Jan. 16 10 a.m. to Noon
Knowing what to put on your resume can be confusing. This workshop introduces the different types of resume formats. *Mode: In-Person.*

TRANSITION ASSISTANCE PROGRAM

JBSA-RND • M&FRC, Bldg. 693 (210) 652-5321

TAP is a mandatory program for all service members separating or retiring from the military and must begin no later than 365 days prior to their transition. The program help service members prepare for their

transition to civilian transition and meet their post-military goals. Individualized Initial Counseling and Pre-Separation Counseling are also mandatory for those planning to re-enlist. Call to schedule an appointment or register.

INDIVIDUALIZED INITIAL COUNSELING

Call to schedule an appointment.
Service members begin their transition process by completing a personal self-assessment to identify post-transition goals and develop their Individual Transition Plan (ITP). Those separating or retiring from active duty must complete this mandatory one-on-one counseling no later than 365 days before their separation or retirement date. Airmen may schedule appointments up to 36 months prior to retirement or separation. *Core Requirement: Step 1. Appointments are available in-person and virtual.*

PRE-SEPARATION COUNSELING

Dec. 13, 20 & Jan. 3, 17 Noon to 3:30 p.m.
This is the second step of the formal transition process, like the Individualized Initial Counseling (IIC), it must also begin no later than 365 days before your transition date. Review by-law information to include benefits, entitlements, and resources for eligible transitioning service members. Caregivers and spouses are encouraged to attend with their service member. Airmen may schedule appointments as early as 48 months prior to retirement or separation. *Core Requirement: Step 2, prerequisite: IIC. Mode: In-Person.*

TAP WORKSHOP

Dec. 4-6 & Jan. 22-24 8 a.m. to 4 p.m.
This mandatory 3-day workshop provides a standardized curriculum for service member separating or retiring. Discuss common challenges, financial planning, and VA benefits to help service members depart career-ready. Facilitated by the Department of Labor, Veterans Administration, and M&FRC. After completion, additional workshops aligned with an individual's post-transition

plan are offered. *Core Requirement, prerequisite: Pre-Separation Counseling. Mode: In-Person.*

EXECUTIVE TAP (E-TAP) WORKSHOP

Jan. 9-12 8 a.m. to 4:30 p.m.
This 4-day workshop is designed for retiring Chief Master Sergeants (E-9) and Colonels (O-6). Review strategies to prepare for and pursue leadership positions in the government, private, and public sector, financial planning, and VA Benefits & Services. *Prerequisite: Pre-Separation Counseling. Mode: In-Person.*

VA BENEFITS & SERVICES

Dec. 15 & Jan. 26 8 a.m. to 4:30 p.m.
This is a repeat of the course held on the second day of the 3-day TAP Workshop for those who want to review the information again. Review VA services, disability compensation, and GI Bill benefits. This course is also offered at tapevents.mil/courses. *Repeat of Core Requirement, prerequisite: 3-day TAP Workshop. Mode: In-Person.*

DOL CAREER & CREDENTIAL EXPLORATION

Jan. 29-30 8 a.m. to 4 p.m.
A 2-day workshop hosted by the Department of Labor guides those pursuing career technical training. Discuss different vocational fields and identify the skills needed to develop an action plan for achieving career goals. Review accredited training institutions and credentialing programs. *Transition Track, prerequisite: TAP Workshop. Mode: In-Person.*

BENEFITS DELIVERY DISCHARGE WORKSHOP & CLAIMS

Dec. 18 & Jan. 19 8-9 a.m.
A representative from the Bexar County Veterans Services Office will provide an overview of the BDD claims process for transitioning service members and review all required documents and forms. Service members must attend the workshop before scheduling a claim filing appointment. *Mode: In-Person.*

MANAGING YOUR (MY) EDUCATION

Contact the Education Center for availability.
This 2-day track helps service members achieve academic success by reviewing credit transfers, researching schools, exploring financial aid assistance, providing vocational education counseling and more. Call the Education Office at (210) 652-5964 to registration. *Transition Track, prerequisite: TAP workshop. Mode: In-Person.*

DOD SKILLBRIDGE CAREER SKILLS PROGRAM

The DoD SkillBridge, Career Skills Program on JBSA provides transitioning service members opportunities to help turn their military skills into post-service careers by connecting with apprenticeships, internships, and certification training during their final 180 days of active duty service. There are over 60 different opportunities ranging from career fields in healthcare, IT, finance or accounting, management, engineering, government, law enforcement, and more. Weekly Skillbridge showcase webcasts are held every Wednesday at 1 p.m. at jbsaskillbridge.eventbrite.com to spotlights of approved partners. For more information, call your hosting location: FSH (210) 488-4119, LAK (210) 563-8223, or RND (210) 727-1281.

CASUALTY ASSISTANCE

JBSA-RND • M&FRC, Bldg. 693 (210) 652-2104, 652-5321, 652-2480

The Casualty Assistance Representatives provide dignified and humane casualty notification, efficient, thorough reporting, and compassionate follow-up assistance to the next-of-kin of fallen active-duty Air Force members. Additional services include assistance with the processing of Family Servicemembers' Group Life Insurance (FSGLI), Traumatic Injury Protection Program (TSGLI), Emergency Family Member Travel Program (EFMT),

and the Survivor Benefit Plan (SBP). Call for details or to schedule an appointment.

RECORD OF EMERGENCY DATA (RED) & SERVICEMEMBER'S GROUP LIFE INSURANCE (SGLI)

RED (DD Form 93 or vRED) and the SGLI Online Election System (SOES) are vital parts of your military personnel records. Updates should be made at least annually and always upon life changes (new address, marriage, divorce, birth of a child, and other changes to beneficiaries). It's the service member's responsibility to maintain these documents. When is the last time you updated yours? For more information, call (210) 652-5321, 652-2104 or 652-2480.

SURVIVOR BENEFIT PLAN GROUP BRIEFING

Dec. 14 & Jan. 11 9-10:30 a.m.

The Survivor Benefit Plan briefing with an SBP Counselor is required by law and helps the service member and their spouse become familiar with the options, effects, and advantages of SBP. Prospective retirees are required to attend a Survivor Benefit Plan briefing and meet with an SBP counselor to complete the DD Form 2656 and data for Payment of Retired Personnel. To register, call (210) 652-2104, 652-2480, or email randolphmfrfc@us.af.mil. *Mode: Virtual.*

MILITARY & FAMILY LIFE COUNSELORS (MFLC)

JB SA-RND • M&FRC, Bldg. 693
(210) 744-4829 or 996-4037

Military & Family Life Counselors help service members, their families, and significant others address deployment and reintegration issues; marriage and relationship issues; stress, anger, grief and loss; and other daily life challenges. Consultations are anonymous, no records kept. Unit briefings or trainings are also available. Call to schedule a one-on-one

consultation or a group meeting. For Child and Youth Behavioral, call (210) 627-0338 or 627-0525.

EXCEPTIONAL FAMILY MEMBER PROGRAM

JB SA-RND • M&FRC, Bldg. 693
(210) 652-5321

EFMP is a mandatory enrollment program that works with military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical, and personnel services to active-duty and retired personnel and their family members. Call for information.

EFMP ORIENTATION

Dec. 11 & Jan. 8 11 a.m. to 12:30 p.m.

Whether newly enrolled or curious about the program, this class guides you in understanding the 3 arms that make up the Exceptional Family Member Program: Medical (EFMP-M), Assignments (EFMP-A), and Family Support (EFMP-FS). Review the specific role each section plays and how they can help your family.

Mode: In-Person.

This session provides information on important legal aspects to consider for your Exceptional Family Member like SSI, Special Needs Trusts, ABLE Accounts, and guardianship.

LUNCH & LEARN WITH EFMP

Join us in sharing helpful resources and ways to overcome challenges. Call to register. *Mode: In-Person.*



Legal

Jan. 18 11 a.m. to Noon

JB SA Randolph Legal office will discuss numerous topics specifically for special need considerations and most importantly provide a good point of contact for any questions you may have.

PERSONAL & WORK LIFE

JB SA-RND • M&FRC, Bldg. 693
(210) 652-5321

P&WL partners with many helping agencies to provide education and promote family preparedness through readiness support. Call to sign up or for details.

WHAT TO EXPECT WHEN CARING FOR AN AGING PARENT

Dec. 5 9 a.m. to Noon

Explore warning signs that can help you determine if your parent needs extra care. Review tips for holding an intervention, caregiving resources, and additional information to help navigate financial, legal, and Medicare. *Mode: Virtual.*

BUNDLES FOR BABIES

Dec. 6 & Jan. 10 9-11:30 a.m.

Information is provided on budgeting for a baby, dental and pediatric clinics, the New Parent Support Program, and more. Active-duty expecting parents are encouraged to attend. Registration required. This training fulfills a DoD Financial Touchpoint requirement.

Mode: Virtual.



KEY SPOUSE

KEY SPOUSE CONTINUING EDUCATION

Jan. 17 10:30-11:30 a.m.

This quarterly training complements the Key Spouse Initial Training by providing networking opportunities and continued education. Training may be facilitated through various methods such as in-person or different computer-based platforms like podcasts, webinars, or Military OneSource. *Mode: Virtual*

KEY SPOUSE INITIAL TRAINING

Jan. 24 9 a.m. to 3 p.m.

All new officially appointed Key Spouses and Key Spouse Mentors must complete an Initial Training before acting as an official KS or KSM. Review the 8 standardized modules. *Mode: Virtual.*

KEY SPOUSE MENTOR TRAINING

Call to schedule an appointment.

After completion of the Key Spouse Initial Training, appointed KS Mentors are required to take this 1-time mandatory training. *Mode: In-person, phone, or virtual may be requested.*

KEY SPOUSE REFRESHER TRAINING

Call to schedule an appointment.

Key Spouses and Key Spouse Mentors who've had a break of service in their role or just PCS'ed to JB SA must attend this refresher training before functioning as a KS or KSM. *Mode: In-person, phone, or virtual may be requested.*

HEARTLINK: ARRIVE & THRIVE

Jan. 31 9 a.m. to 2 p.m.

Become familiar with your JB SA military community. Connect with other spouses. Interact with resources and services. Increase your knowledge about the Mission, Customs, and Benefits. All JB SA Spouses are encouraged to attend. Open to all branches. Children are welcome!

Mode: In-Person

VOLUNTEER SERVICES

based on interest and agency needs. Volunteers support the military through various capacities such as youth coaches, office assistants, program assistants, and more. Call to sign up or for more information.

VMIS OPOC TRAINING

Jan. 16 10-11 a.m.

Appointed the Organizational Point of Contact for your unit or organization (OPOC)? This training covers the basics of volunteer recruitment, orientation, retention, and recognition. Training will cover policy, regulations, tracking hours and more capabilities of the Volunteer Management Information System (VMIS). Held at JB SA-Fort Sam Houston M&FRC, bldg. 2797. To register call 210-221-2705

Mode: In-Person



VOLUNTEERING 101

Jan. 16 1-2 p.m.

Learn about volunteer opportunities in the community and how to navigate the Volunteer Management Information System. Participants also discuss rules and regulations for volunteering on a military installation. To register call 210-221-2705 *Mode: Virtual*

VOLUNTEER ADVISORY COUNCIL

Jan. 17 1-2:30 p.m.

OPOCs and community agency volunteer coordinators meet to review volunteer management techniques, share program plans, and discuss current issues. Additionally, attendees share recent successes, events, and upcoming volunteer opportunities. Open to all interested in knowing more about volunteer agencies in the community and on JBSA. To register call 210-221-2705 *Mode: Virtual*

VOLUNTEER TO CAREER

Jan. 17 1-2:30 p.m.

OPOCs and community agency volunteer coordinators meet to review volunteer management techniques, share program plans, and discuss current issues. Additionally, attendees share recent successes, events, and upcoming volunteer opportunities. Open to all interested in knowing more about volunteer agencies in the community and on JBSA. Held at JBSA-Fort Sam Houston M&FRC, bldg. 2797. To register call 210-221-2705 *Mode: In-Person*



DEPLOYMENT READINESS

JBSA-RND • M&FRC, Bldg. 693
(210) 652-5321

Deployment Readiness helps service members and their families prepare for unique challenges of deployment and provides support through courses and support groups. Registration is required.

PRE-DEPLOYMENT BRIEFING AND POST-DEPLOYMENT REUNION & REINTEGRATION

Call to schedule an appointment.

A mandatory briefing for all service members preparing for or returning from a deployment, remote assignment, or TDY longer than 30 days - learn about DoD and third-party resources to prepare you and your family for extended separations. One-on-one consultations and unit or group briefings are available. Spouses are encouraged to attend. *Mode: In-person, phone, or virtual may be requested.*

FEDERAL VOTING ASSISTANCE PROGRAM

JBSA-RND • M&FRC, Bldg. 693
(210) 652-3112

The Federal Voting Assistance Program (FVAP) provides information to service members, their family, and overseas citizens. Services include assistance with voter registration, absentee voting, how to fill out forms, and more. FVAP is open Monday through Friday from 7:30 a.m. to 4:30 p.m., email vote.randolph@us.af.mil for details.



www.jbsa.mil/Resources/Military-Family-Readiness



Joint Base San Antonio VOLUNTEER AWARDS CEREMONY

Nomination Deadline: Friday, March 1, 2024

Do you know any amazing JBSA volunteers?

Nominate them to be recognized during the 2024 Annual JBSA Volunteer Awards Ceremony

VOLUNTEER AWARDS

★ VOLUNTEER OF THE YEAR AWARD (VOYA)

Volunteer service performed during January 1, 2023-December 31, 2023. These awards do not require a minimum number of hours served.

Categories:

- Outstanding Service Members
- Outstanding Youth, ages 13-17
- Outstanding Family Member
- Small Groups
- Outstanding Civilian
- Outstanding Retiree
- JBSA Family of the Year
- Large Groups

★ VOLUNTEER EXCELLENCE AWARD (VEA)

A lifetime achievement award recognizing exceptional long-term community support that is significant in character, tangible results, and reflects favorably on the United States Armed Forces. Open to federal civilians, family members, and retirees (military or federal) from all military branches, who have not previously received this award.

★ PRESIDENTIAL VOLUNTEER SERVICE AWARD

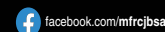
The President's Council on Service and Civic Participation recognizes the vital role of volunteers in America's strength and national identity. This award honors individuals whose service positively impacts communities in every corner of the nation and inspires those around them to take action. The Bronze, Silver, Gold, and Lifetime Achievement awards require specific hours per age bracket. Open to United States citizens or lawful permanent residents of the United States who are at least 5 years of age.



Scan the QR code or visit <https://www.jbsa.mil/Resources/Military-Family-Readiness/Volunteer-Resources/> for award criteria instructional guides and to download nomination forms. Submit nomination packets by March 1, 2024, to 802FSS.FSYR.VolunteerServices@us.af.mil or drop them at the JBSA-Fort Sam Houston Military & Family Readiness Center, ATTN: Installation Volunteer Corps Coordinator. Each JBSA-M&FRC offers nomination writing workshops.

The Annual JBSA Volunteer Awards Ceremony is slated for April 17, 2024. For assistance with the nomination process, call the Fort Sam Houston-M&FRC at (210) 221-2705, Lackland-M&FRC at (210) 671-3722, or Randolph-M&FRC at (210) 652-5321.

Military & Family Readiness Center
VOLUNTEER SERVICES
Joint Base San Antonio





JBSA-FORT SAM HOUSTON

MILITARY & FAMILY READINESS CENTER



Scan to email

3060 Stanley Road, Building 2797
(210) 221-2705

Hours of Operation:

Monday-Friday 7 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days

TRANSITION ASSISTANCE PROGRAM



Scan to email

Joint Transition Readiness Center
3931 Okubo Barracks, Bldg. 3639
(210) 916-7322 or 916-6089

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed for all Federal holidays.

JBSA-LACKLAND

MILITARY & FAMILY READINESS CENTER



Scan to email

1550 Wurtsmith St., Building 5725, Room 212
(210) 671-3722

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days

TECHNICAL TRAINING AIRMAN READINESS ELEMENT

1550 Wurtsmith St., Building 5725, Room 214
(210) 671-5406 or 671-5408

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days

JBSA-RANDOLPH

MILITARY & FAMILY READINESS CENTER



Scan to email

555 F Street West, Building 693
(210) 652-5321

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days



www.jbsa.mil/Resources/MilitaryFamilyReadiness



facebook.com/mfrcjbsa

